

All of our complete and nutritious meals are always **NO CHARGE** for ALL students with no need to submit an application, thanks to the Community Eligibility Program!!

When available we serve Reduced/Low Fat (RF) and/or Reduced/Low Sodium (Rna) and Reduced Sugar (RS) Menu Items.



All breakfasts include a choice of low fat white milk, fat free chocolate milk, or fat free lactaid.

Locate the Whole Grain Products by the asterisks**



Waterbury Breakfast and Lunch Menus are posted on Parent Square.

Menu is Subject to Change 2/26/2023

		1-Mar	2-Mar	3-Mar
<p style="text-align: center;">This Institution is an Equal Opportunity Provider</p>		<p style="text-align: center;">PD Day Early Dismissal</p> <p style="text-align: center;">Surprise Day</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Wg Graham Cracker</p>	<p style="text-align: center;">Egg & Cheese Pizza</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Wg Graham Cracker</p> <p>NEW! Hot!</p>	<p style="text-align: center;">Cinnamon French Toast Sticks</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk</p> <p>Hot!</p>
	<p style="text-align: center;">6-Mar</p> <p style="text-align: center;">Froot Loops Cereal</p> <p>100% Fruit Juice Chilled Fruit Low Fat Milk **WG Graham Crackers</p>	<p style="text-align: center;">7-Mar</p> <p style="text-align: center;">Surprise Day Pancakes or Waffles</p> <p>100% Fruit Juice Chilled Fruit Low Fat Milk</p> <p>Hot!</p>	<p style="text-align: center;">8-Mar</p> <p style="text-align: center;">CN Day Early Dismissal</p> <p style="text-align: center;">Cinnamon Chex Cereal</p> <p>Chilled Fruit Choice Low Fat Milk 100% Fruit Juice</p>	<p style="text-align: center;">9-Mar</p> <p style="text-align: center;">Chocolate Swirls</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk</p>
<p style="text-align: center;">13-Mar</p> <p style="text-align: center;">Assorted Cereal</p> <p>100% Fruit Juice chilled fruit Low Fat Milk **WG Graham Crackers</p>	<p style="text-align: center;">14-Mar</p> <p style="text-align: center;">Maple Waffles</p> <p>100% Fruit Juice Chilled Fruit Low Fat Milk</p> <p>Hot!</p>	<p style="text-align: center;">15-Mar</p> <p style="text-align: center;">CN Day Early Dismissal</p> <p style="text-align: center;">Goodyman Glazed Pull-a-part</p> <p>100% Fruit Juice Chilled Fruit Low Fat Milk</p> <p>NEW!</p>	<p style="text-align: center;">16-Mar</p> <p style="text-align: center;">Pancake Bites</p> <p>100% Fruit Juice Chilled Fruit Low Fat Milk</p> <p>Hot!</p>	<p style="text-align: center;">17-Mar</p> <p style="text-align: center;">Apple Jacks Cereal</p> <p>100% Fruit Juice Sour Apple Applesauce Low Fat Milk **WG Graham Crackers</p> 
<p style="text-align: center;">20-Mar</p> <p style="text-align: center;">Frosted Flakes</p> <p>100% Fruit Juice Chilled Fruit Low Fat Milk **WG Graham Crackers</p>	<p style="text-align: center;">21-Mar</p> <p style="text-align: center;">Assorted Breads</p> <p>100% Fruit Juice Chilled Fruit Low Fat Milk</p>	<p style="text-align: center;">22-Mar</p> <p style="text-align: center;">CN Day Early Dismissal</p> <p style="text-align: center;">Mini Blueberry Glazed Donuts Holes in a cup</p> <p>100% Fruit Juice Chilled fruit Low Fat Milk</p> <p>NEW!</p>	<p style="text-align: center;">23-Mar</p> <p style="text-align: center;">Chicken Sausage Biscuit</p> <p>100% Fruit Juice Chilled fruit Low Fat Milk</p> <p>NEW! Hot!</p>	<p style="text-align: center;">24-Mar</p> <p style="text-align: center;">Assorted Yogurt w/ Blueberry Bagel and Cream Cheese</p> <p>100% Fruit Juice Chilled fruit Low Fat Milk</p>
<p style="text-align: center;">27-Mar</p> <p style="text-align: center;">Barb's Surprise Breakfast</p> <p>100% Fruit Juice ChilledFruit Low Fat Milk **WG Graham Crackers</p> <p>Hot!</p>	<p style="text-align: center;">23-Mar</p> <p style="text-align: center;">Surprise Day</p> <p>100% Fruit Juice ChilledFruit Low Fat Milk **WG Graham Crackers</p> <p>Hot!</p>	<p style="text-align: center;">29-Mar</p> <p style="text-align: center;">CN Day Early Dismissal</p> <p style="text-align: center;">Chocolate Chip Muffin</p> <p>100% Fruit Juice ChilledFruit Low Fat Milk</p>	<p style="text-align: center;">30-Mar</p> <p style="text-align: center;">Opening Day of Baseball</p> <p style="text-align: center;">Cinnamon French Toast Sticks</p> <p>100% Fruit Juice ChilledFruit Low Fat Milk</p> <p>Hot!</p> 	<p style="text-align: center;">31-Mar</p> <p style="text-align: center;">Lemon Bread</p> <p>100% Fruit Juice ChilledFruit Low Fat Milk</p>



A school breakfast consists of the breakfast entrée, fruit and / or juice, graham crackers and milk. Students are encouraged to select all of the items but must choose any three - one of which must be 1/2 cup of fruit or fruit juice.



When Chilled Fruit Choice is on the menu a choice of fresh fruit or a variety of canned fruit will be offered.

Visit: www.waterbury.k12.ct.us - click to "Parents" and scroll down to "School Lunch Menus" - The Waterbury Wellness Policy can be viewed on this page.

The City of Waterbury Public Schools Food Service is "pork free". No pork is served or sold through the Child Nutrition Programs in Waterbury.



Second Choice Meals are Offered Five Days Each Week.