

**WATERBURY HEALTH DEPARTMENT –
NURSING DIVISION**

CONTROL MEASURES FOR FEVER, DIARRHEA AND VOMITING

Key Criteria for Exclusion from School:

When a student becomes ill but does not require immediate medical help, a determination must be made regarding whether the student should be sent home (i.e. should be temporarily “excluded” from school). Most illnesses do not require exclusion. The nurse, can confer with the classroom teacher to determine if the illness:

- a.) Prevents the child from participating comfortably in activities;
- b.) Results in a need for care that is greater than the school staff can provide without compromising the health and safety of other students;
- c.) Poses a risk of spread of harmful diseases to others.

If any of the above criteria are met, the student should be excluded, regardless of the type of illness.

SYMPTOM	CONTROL MEASURES
FEVER	Exclude for a temperature of 100.5 or higher. If temperature is under 100.5 exclude if associated with behavioral changes or other signs or symptoms (e.g., sore throat, rash, vomiting, diarrhea) Exclude until 24 hours without a fever or above symptoms resolve.
DIARRHEA	Exclusion is required if the stool frequency exceeds two or more stools above the normal for the student. Student may return to school as long as bowel movements do not interfere with classroom activities. Special circumstances that require specific exclusion criteria include the following: E.coli, Shigella or Salmonella infections.
VOMITING	Exclude if vomiting more that two times in the previous 24 hours, unless the vomiting is determined to be caused by a non-infectious condition and the student can remain adequately hydrated. Exclude until at least 12 hours since student's last episode.

Reference:

“Caring for Our Children: National Health and Safety Performance Standards”