

Pre K Students - November 2020 WATERBURY PUBLIC SCHOOLS BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 2nd **WG Cheerios Cereal Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 3rd Election Day - No School Today. 	November 4th Assorted **WG Muffins 100% Fruit Juice Low Fat Milk Choice **WG Graham Crackers	November 5th **WG Strawberry Waffle 100% Fruit Juice Low Fat Milk Choice **WG Graham Crackers 	November 6th Egg Patty with Bacon and Cheese served with a **WG Dinner Roll Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers 
November 9th **WG Rice Krispies Cereal Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 10th **WG Cinnamon Toast Crunch Cereal RS 100% Fruit Juice Low Fat Milk Choice **WG Graham Crackers 	November 11th Veteran's Day - No School Today. 	November 12th **WG Blueberry Pancakes 100% Fruit Juice Low Fat Milk Choice **WG Graham Crackers 	November 13th Egg Patty with Bacon and Cheese served with a **WG Dinner Roll Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers 
November 16th **WG Cheerios Cereal Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 17th **WG Rice Krispies Cereal 100% Fruit Juice Low Fat Milk Choice **WG Graham Crackers	November 18th Assorted **WG Muffins Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 19th **WG Cinnamon Waffles 100% Fruit Juice Low Fat Milk Choice **WG Graham Crackers 	November 20th Egg Patty with Bacon and Cheese served with a **WG Dinner Roll Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers 
November 23rd **WG Rice Chex Cereal Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 24th **WG Cinnamon Toast Crunch Cereal RS 100% Fruit Juice Low Fat Milk Choice **WG Graham Crackers 	November 25th Early Dismissal - Thanksgiving Recess **WG Pumpkin Bread Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 26th Happy Thanksgiving - No School Today. 	November 27th Thanksgiving Recess - No School Today. 
November 30th **WG Surprise Day Cereal! Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers				



All of our complete and nutritious meals are always **NO CHARGE** for all students with no need to submit an application, thanks to the Community Eligibility Program!

When available we serve Reduced/Low Fat (1% or 2%) Milk, Low Sodium (Ions) and Reduced Sugar (RS) Milk Items.

All breakfasts include a choice of low fat white milk, fat free chocolate or strawberry milk, or the free choice.

Fruit Choice: Cupped or Fresh Fruit

Locate the Whole Grain Products by the asterisks**



Every morning our in-school students will receive a morning snack when they arrive at school at no cost.

Menu is Subject to Change 10/28/2020

A school breakfast consists of the breakfast entrée, fruit and / or juice, graham crackers and milk. Students are encouraged to select all of the items but must choose any three - one of which must be 1/2 cup of fruit or fruit juice.



When Chilled Fruit Choice is on a Menu Date - Students will be offered either: Fresh Fruit, Cupped Appearance, Diced Peaches, Sliced Peaches, or Fruit Cocktail



The City of Waterbury Public Schools Food Service is "pork free". No pork is served or sold through the Child Nutrition Programs in Waterbury.

Grades K through 12 - November 2020 WATERBURY PUBLIC SCHOOLS BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 2nd **WG Apple Jacks Cereal RS 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 3rd Election Day - No School Today. 	November 4th Assorted **WG Muffins 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 5th **WG Strawberry Waffle 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 6th Egg Patty with Bacon and Cheese served with a **WG Dinner Roll 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers
November 9th **WG Rice Krispies Cereal 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 10th **WG Froot Loops Cereal RS 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 11th Veteran's Day - No School Today. 	November 12th **WG Blueberry Pancakes 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 13th Egg Patty with Bacon and Cheese served with a **WG Dinner Roll 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers
November 16th **WG Cheerios Cereal 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 17th **WG Trix Cereal RS 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 18th Assorted **WG Muffins 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 19th **WG Cinnamon Waffles 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 20th Egg Patty with Bacon and Cheese served with a **WG Dinner Roll 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers
November 23rd **WG Apple Cinnamon Cheerios Cereal 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 24th **WG Cinnamon Toast Crunch Cereal RS 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 25th Early Dismissal - Thanksgiving Recess **WG Pumpkin Bread 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers	November 26th Happy Thanksgiving - No School Today. 	November 27th Thanksgiving Recess - No School Today. 
November 30th **WG Surprise Day Cereal! 100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers				



All of our complete and nutritious meals are always **NO CHARGE** for all students with no need to submit an application, thanks to the Community Eligibility Program!

When available we serve Reduced/Low Fat (0) and/or Sodium (Na) and Reduced Sugar (RS) Menu Items.

All Breakfasts include a choice of low fat white milk, fat free chocolate or strawberry milk, or fat free cereal.

Fruit Choice: Cupped or Fresh Fruit
Locate the Whole Grain Products by the asterisks**



Every morning our in-school students will receive a morning snack when they arrive at school at no cost.

Menu is Subject to Change 10/28/2020

A school breakfast consists of the breakfast entrée, fruit and / or juice, graham crackers and milk. Students are encouraged to select all of the items but must choose any three - one of which must be 1/2 cup of fruit or fruit juice.



When Chilled Fruit Choice is on a Menu Date - Students will be offered either: Fresh Fruit, Cupped Applesauce, Diced Peaches, Sliced Peaches, Diced Peas or Fruit Cocktail



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Pre K Students - November 2020 - WATERBURY PUBLIC SCHOOLS LUNCH MENU

MONDAY November 2nd		TUESDAY November 3rd		WEDNESDAY November 4th		THURSDAY November 5th		FRIDAY November 6th	
<p>Breakfast & Lunch is Offered to Waterbury Students at No Charge. Nutritious and Balanced!</p> <p>When a Chilled Fruit Choice is on the Menu Date - Students will be offered either: Fresh Fruit, Cupped Applesauce, Diced Peaches, Diced Pears or Fruit Cooktail.</p>  <p>Every morning our in-school students will receive a morning snack when they arrive at school at no cost.</p> <p>Locate the Whole Grain Product by the asterisk**</p>  <p>When available we serve Reduced/Low-Fat (10g and/or Saturated/Low Fat) menu items. ↓</p> <p>EARLY DISMISSAL: NO LUNCH SERVING AT HIGH SCHOOLS.</p> <p>All lunches include a choice of low fat, fat free whole milk, fat free 2% milk, fat free strawberry milk, or fat free lactaid.</p> <p>Check out our "Nutritious Helper" Newsletter on the website http://www.waterbury.k12.ct.us</p> <p>This institution is an equal opportunity provider.</p> <p>Menu Subject to Change 11/2/2020</p>	<p>**WG Golden Crispy Breaded Chicken Fritters served with a **WG Bear Graham Cracker</p> <p>Sweet Corn 100% Fruit Juice Low Fat Milk Ketchup</p>	<p>Election Day - No School Today.</p> 	<p>Beef Hamburger served with a **WG Hamburger Roll</p> <p>Mashed Potatoes and Green Beans Chilled Fruit Low Fat Milk Ketchup</p>	<p>**WG Three Cheese Cavatappi Macaroni / **WG Elbow Macaroni & Cheese Topped with Crumbled Turkey Bacon</p> <p>Diced Carrots Chilled Fruit Low Fat Milk</p>	<p>**WG Assorted Pizza</p> <p>Black Beans 100% Fruit Juice Low Fat Milk</p>	<p>End Hunger Connecticut is dedicated to ending hunger in the state by promoting access to good nutrition through federal nutrition assistance programs, speaking out to raise awareness of hunger and advocating for positive change of local, state and national programs.</p>	<p>Second Choice Meals are available five days per week</p> 	<p>One of the items listed below will be offered as a second choice meal.</p> <p>Assorted Pizza Hot Entree Surprise **WG Dinner/Hamburger/ Hot Dog Roll Sunbutter & Jelly Sandwich on a **WG Kaiser Roll</p>	
<p>**WG Crispy Chicken Tenders served with a **WG Bear Graham Cracker</p> <p>Sweet Peas 100% Fruit Juice Low Fat Milk Ketchup</p>	<p>Beef Stoppio Joe served with a **WG Hamburger Roll / Beef Chili served with **WG Cornbread & **WG Corn Chips</p> <p>Broccoli Chilled Fruit Low Fat Milk</p>	<p>Veteran's Day - No School Today.</p> 	<p>Savory Turkey Taco with Fresh Diced Tomatoes and Shredded Cheddar Cheese served with **WG Corn Chips</p> <p>Salsa Chilled Fruit Low Fat Milk</p>	<p>**WG Assorted Pizza</p> <p>Green Beans 100% Fruit Juice Low Fat Milk</p>	<p>What is SNAP? SNAP is the Supplemental Nutrition Assistance Program which provides nutritional assistance to low-income households. The primary objective of the SNAP is to reduce hunger and improve the health and well-being of individuals and families currently facing food hardship by providing them with benefits accepted at local grocery stores and retailers to purchase healthy and nutritious foods. Call 1-866-974-5NAP (7527) or visit the website</p>	<p>FOOD SUPERHERO</p> 	<p>ED</p> 		
<p>Chicken Meatballs with Mandarin Orange Sauce, Peppers and Onions, **WG Spanish Rice and served with a **WG Dinner Roll</p> <p>Sweet Corn 100% Fruit Juice Low Fat Milk</p>	<p>Build Your Own Sandwich Day (Assorted Turkey Meat and Turkey Bacon) - served with a **WG Hamburger Roll</p> <p>Sliced / Diced Carrots Chilled Fruit Low Fat Milk</p>	<p>**WG Penne Pasta with Beef Meat sauce served with a **WG Dinner Roll</p> <p>Fresh Broccoli Chilled Fruit Low Fat Milk Ranch Dressing for Dipping</p>	<p>Savory Turkey Taco with Fresh Diced Tomatoes and Shredded Cheddar Cheese served with **WG Corn Chips</p> <p>Green Beans Chilled Fruit Low Fat Milk</p>	<p>**WG Assorted Pizza</p> <p>Black Beans 100% Fruit Juice Low Fat Milk</p>	<p>Assorted Pizza</p>	<p>Hot Entree Surprise</p>	<p>**WG Dinner/Hamburger/ Hot Dog Roll</p>		
<p>**WG Breaded Chicken in a Tangierine Sauce served with **WG Egg Noodles and a **WG Dinner Roll</p> <p>Sliced / Diced Carrots 100% Fruit Juice Low Fat Milk</p>	<p>Twin BBQ Beefburgers on **WG Rolls</p> <p>Sweet Corn Chilled Fruit Low Fat Milk Ketchup</p>	<p>Thanksgiving Recess - Early Dismissal</p> <p>Turkey Breast with Gravy and **WG Dinner Roll Fresh Broccoli Chilled Fruit Low Fat Milk Ranch Dressing for Dipping</p>	<p>No School - Happy Thanksgiving!</p> <p>We are a Thankful for YOU!</p> 	<p>No School Thanksgiving Recess</p> 	<p>No School Thanksgiving Recess</p>	<p>NO SCHOOL - HAPPY THANKSGIVING!</p> 	<p>NO SCHOOL - HAPPY THANKSGIVING!</p> 		
<p>**WG Crispy Chicken Tenders served with a **WG Bear Graham Cracker</p> <p>Potato Wedges 100% Fruit Juice Low Fat Milk Ketchup</p>	<p>November</p> 	<p>November</p> 	<p>November</p> 	<p>November</p> 	<p>November</p> 	<p>November</p> 	<p>November</p> 		
<p>The 5 Meal Components for School Lunch are Meat / Meat Alternate, Grain, Fruit, Vegetable and Milk. Choose at least 3, including: 1/2 cup of fruit or vegetable and at least two other full components. For Best Nutrition, CHOOSE ALL 5!!</p>									
<p>Eat a variety of vegetables every week. Choose vegetables from all five vegetable groups: Dark Green, Red / Orange, Beans and Peas (Legumes), Starchy and the Other. Be a Vegetable Super Hero!</p> 									
<p>The City of Waterbury Public Schools Food Service is "pork free". No pork is served or sold through the Child Nutrition Programs in Waterbury.</p> 									
<p>WE LOVE FOOD NOT WASTE</p> 									

Grades K through 12 - November 2020 - WATERBURY PUBLIC SCHOOLS LUNCH MENU

MONDAY November 2nd	TUESDAY November 3rd	WEDNESDAY November 4th	THURSDAY November 5th	FRIDAY November 6th
**WG Golden Crispy Breaded Chicken Fritters served with a **WG Bear Graham Cracker Sweet Corn and Sweet Peas 100% Fruit Juice / Chilled Fruit Low Fat Milk Ketchup	Election Day - No School Today. 	Beef Hamburger served with a **WG Hamburger Roll Mashed Potatoes and Green Beans 100% Fruit Juice / Chilled Fruit Low Fat Milk Ketchup	**WG Three Cheese Cavatappi Macaroni / **WG Elbow Crumbled Turkey Bacon served with a **WG Dinner Roll Fresh Baby Carrots and Fresh Celery Sticks 100% Fruit Juice / Chilled Fruit Low Fat Milk Ranch Dressing for Dipping	**WG Assorted Pizza Black Beans and Fresh Grape Tomatoes 100% Fruit Juice / Chilled Fruit Low Fat Milk Ranch Dressing for Dipping
**WG Crispy Chicken Tenders served with a **WG Bear Graham Cracker Sweet Peas and Sliced Carrots 100% Fruit Juice / Chilled Fruit Low Fat Milk Ketchup	November 10th Beef Stuppy Joe served with a **WG Hamburger Roll / Beef Chili served with **WG Cornbread & **WG Corn Chips Broccoli and Sweet Corn 100% Fruit Juice / Chilled Fruit Low Fat Milk	November 11th Veteran's Day - No School Today. 	November 12th Savory Turkey Taco with Fresh Diced Tomatoes and Shredded Cheddar Cheese served with **WG Corn Chips Salsa and Fresh Celery Sticks 100% Fruit Juice / Chilled Fruit Low Fat Milk Ranch Dressing for Dipping	November 13th **WG Assorted Pizza Green Beans and Fresh Baby Carrots 100% Fruit Juice / Chilled Fruit Low Fat Milk Ranch Dressing for Dipping
November 16th Chicken Meatballs with Mandarin Orange Sauce, Peppers and Onions, **WG Spanish Rice and served with a **WG Dinner Roll Sweet Corn and Green Beans 100% Fruit Juice / Chilled Fruit Low Fat Milk	November 17th Build Your Own Sandwich Day (Assorted Turkey Meat and Turkey Bacon) - served with a **WG Kaiser Roll Sliced / Diced Carrots and Sweet Peas 100% Fruit Juice / Chilled Fruit Low Fat Milk	November 18th **WG Penne Pasta with Beef Meat sauce served with a **WG Dinner Roll Fresh Broccoli and Fresh Grape Tomatoes 100% Fruit Juice / Chilled Fruit Low Fat Milk Ranch Dressing for Dipping	November 19th Savory Turkey Taco with Fresh Diced Tomatoes and Shredded Cheddar Cheese served with **WG Corn Chips Salsa and Sweet Corn 100% Fruit Juice / Chilled Fruit Low Fat Milk	November 20th **WG Assorted Pizza Black Beans and Fresh Celery Sticks 100% Fruit Juice / Chilled Fruit Low Fat Milk Ranch Dressing for Dipping
November 23rd **WG Breaded Chicken in a Tangerine Sauce served with **WG Egg Noodles and a **WG Dinner Roll Sliced / Diced Carrots and Sweet Peas 100% Fruit Juice / Chilled Fruit Low Fat Milk	November 24th Twin BBQ Beefburgers on **WG Rolls Sweet Corn and Green Beans 100% Fruit Juice / Chilled Fruit Low Fat Milk Ketchup	November 25th Thanksgiving Recess - Early Dismissal Turkey Breast with Gravy and **WG Stuffing served with a **WG Dinner Roll Fresh Broccoli and Fresh Baby Carrots 100% Fruit Juice / Chilled Fruit Low Fat Milk Ranch Dressing for Dipping	November 26th No School - Happy Thanksgiving! 	November 27th No School Thanksgiving Recess 
November 30th **WG Crispy Chicken Tenders served with a **WG Bear Graham Cracker Potato Wedges and Sliced / Diced Carrots 100% Fruit Juice / Chilled Fruit Low Fat Milk Ketchup				

End Hunger Connecticut is dedicated to ending hunger in the state by promoting access to good nutrition through federal nutrition assistance programs, speaking out to raise awareness of hunger and advocating for positive change of local, state and national programs.

What is SNAP? SNAP is the Supplemental Nutrition Assistance Program which provides nutritional assistance to low-income households. The primary objective of the SNAP is to reduce hunger and improve the health and well-being of the nation's most vulnerable populations. For more information on how to apply for SNAP, visit www.ct.gov/snap or call 1-866-974-SNAP (7571) or visit the website.

Second Choice Meals are available five days per week

One of the items listed below will be offered as a second choice meal.

Assorted Pizza
Hot Entree
Surprise
**WG Dinner/
Hamburger/ Hot Dog Roll
Sunbutter & Jelly
Sandwich on a **WG Kaiser Roll

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Second Choice Meals are available five days per week

One of the items listed below will be offered as a second choice meal.

Assorted Pizza
Hot Entree
Surprise
**WG Dinner/
Hamburger/ Hot Dog Roll
Sunbutter & Jelly
Sandwich on a **WG Kaiser Roll

The 5 Meal Components for School Lunch are Meat / Meat Alternate, Grain, Fruit, Vegetable and Milk. Choose at least 3, including: 1/2 cup of fruit or vegetable and at least two other full components. For Best Nutrition, CHOOSE ALL 5!!



Eat a variety of vegetables every week. Choose vegetables from all five vegetable groups: **Dark Green, Red / Orange, Beans and Peas (Legumes), Starchy** and the Other. **Be a Vegetable Super Hero!**

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This institution is an equal opportunity provider.

Menu Subject to Change 11/2/2020

Nutritious Meals Offered in-school

When a Chilled Fruit Choice is on the Menu Date - Students will be offered either: Fresh Fruit, Cupped Applesauce, Diced Peaches, Diced Peas or Fruit Cocktail.

Locate the Whole Grain Products by the asterisk**

When available we serve Red/low-fat (R) and/or Sulfur (S) (Red) menu items

Early dismissal, no lunch served at high schools.

All lunches include a choice of low fat milk, whole milk, fat free milk, strawberry milk, or fat free iced milk.

Check our "Nutrition Manager" app on the website <http://www.waterbury.k12.ct.us>

Breakfast & Lunch is Offered to Waterbury Students at No Charge. Nutritious and Balanced!

Every morning our in-school students will receive a morning snack when they arrive at school at no cost.

November 2nd
****WG Golden Crispy Breaded Chicken Fritters served with a **WG Bear Graham Cracker**
Sweet Corn and Sweet Peas
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ketchup

November 3rd
Election Day - No School Today.

November 4th
Beef Hamburger served with a **WG Hamburger Roll
Mashed Potatoes and Green Beans
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ketchup

November 5th
****WG Three Cheese Cavatappi Macaroni / **WG Elbow Crumbled Turkey Bacon served with a **WG Dinner Roll**
Fresh Baby Carrots and Fresh Celery Sticks
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ranch Dressing for Dipping

November 6th
****WG Assorted Pizza**
Black Beans and Fresh Grape Tomatoes
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ranch Dressing for Dipping

November 10th
Beef Stuppy Joe served with a **WG Hamburger Roll / Beef Chili served with **WG Cornbread & **WG Corn Chips
Broccoli and Sweet Corn
100% Fruit Juice / Chilled Fruit
Low Fat Milk

November 11th
Veteran's Day - No School Today.

November 12th
Savory Turkey Taco with Fresh Diced Tomatoes and Shredded Cheddar Cheese served with **WG Corn Chips
Salsa and Fresh Celery Sticks
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ranch Dressing for Dipping

November 13th
****WG Assorted Pizza**
Green Beans and Fresh Baby Carrots
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ranch Dressing for Dipping

November 16th
Chicken Meatballs with Mandarin Orange Sauce, Peppers and Onions, **WG Spanish Rice and served with a **WG Dinner Roll
Sweet Corn and Green Beans
100% Fruit Juice / Chilled Fruit
Low Fat Milk

November 17th
Build Your Own Sandwich Day (Assorted Turkey Meat and Turkey Bacon) - served with a **WG Kaiser Roll
Sliced / Diced Carrots and Sweet Peas
100% Fruit Juice / Chilled Fruit
Low Fat Milk

November 18th
****WG Penne Pasta with Beef Meat sauce served with a **WG Dinner Roll**
Fresh Broccoli and Fresh Grape Tomatoes
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ranch Dressing for Dipping

November 19th
Savory Turkey Taco with Fresh Diced Tomatoes and Shredded Cheddar Cheese served with **WG Corn Chips
Salsa and Sweet Corn
100% Fruit Juice / Chilled Fruit
Low Fat Milk

November 20th
****WG Assorted Pizza**
Black Beans and Fresh Celery Sticks
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ranch Dressing for Dipping

November 23rd
****WG Breaded Chicken in a Tangerine Sauce served with **WG Egg Noodles and a **WG Dinner Roll**
Sliced / Diced Carrots and Sweet Peas
100% Fruit Juice / Chilled Fruit
Low Fat Milk

November 24th
Twin BBQ Beefburgers on **WG Rolls
Sweet Corn and Green Beans
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ketchup

November 25th
Thanksgiving Recess - Early Dismissal
Turkey Breast with Gravy and **WG Stuffing served with a **WG Dinner Roll
Fresh Broccoli and Fresh Baby Carrots
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ranch Dressing for Dipping

November 26th
No School - Happy Thanksgiving!

November 27th
No School Thanksgiving Recess

November 30th
****WG Crispy Chicken Tenders served with a **WG Bear Graham Cracker**
Potato Wedges and Sliced / Diced Carrots
100% Fruit Juice / Chilled Fruit
Low Fat Milk
Ketchup

November

NO SCHOOL - HAPPY THANKSGIVING!

NO SCHOOL - THANKSGIVING RECESS