



This update outlines policy changes related to quarantine/isolation, testing, and return to school activities in consideration of [recent changes](#) in the Connecticut Department of Public Health guidance for the general population.

COVID-19 GENERAL INFORMATION FOR PARENTS/GUARDIANS

- Check your child for symptoms each morning before school!
- If your child has one or more symptoms of COVID-19, as listed below, do NOT send them to school.
 - They should immediately get a test for COVID-19.
 - Call and notify your school.
- Continue masking on the bus and at school. Masks should only be removed for snacks and mealtimes or with an approved medical exemption.
- Get your child vaccinated for COVID-19. All children ages 5 years and older are eligible for a COVID-19 vaccine. Everyone over the age of 12 is eligible for a Pfizer COVID-19 Booster. For COVID-19 vaccination sites, please click [here](#).

WHAT TO DO IF YOU THINK YOUR CHILD HAS COVID-19?

If your child has any of the signs and symptoms of COVID-19 as listed below or has been exposed to someone diagnosed with and/or suspected to have COVID-19, you should NOT send your child to school.

- Notify your school administration. They will inform you of your school's protocol and the return date for your child.
- Regardless of vaccination status, all exposed individuals should take a COVID-19 test on the 5th day following exposure. For a list of all testing sites in Connecticut, please click [here](#).

SIGNS AND SYMPTOMS OF COVID-19

If your child has one or more of the following symptoms, they may have COVID-19 and should immediately get tested

- New loss of taste or smell
- Cough
- Diarrhea
- Sore throat
- Shortness of breath or difficulty breathing

- Fatigue
- Nausea or vomiting
- Headache
- Muscle or body aches
- Fever or chills
- Congestion or runny nose

QUARANTINE, ISOLATION, TESTING, AND RETURN TO ACTIVITIES for FULLY VACCINATED Students

*While CDC Guidance has allowed school districts to discontinue contact tracing, families in Waterbury Public Schools will be notified of COVID-19 and related health news as it develops from both the district and your child's school. If you have further questions, please reach out to your child's school.

	Vaccinated Student with ANY COVID-19 symptoms	Vaccinated Student with NO COVID-19 symptoms
<p>If fully vaccinated against COVID-19</p> <p><i>(defined as two weeks after second dose of Pfizer or Moderna vaccines or first dose of Johnson & Johnson vaccine)</i></p>	<p>Isolate at home.</p> <p>Test for COVID-19 (either self-test or at a testing site).</p> <p>If COVID-19 test result is negative, return to activities when fever free for at least 24 hrs. and other symptoms are significantly improved</p> <p>If COVID-19 test result is positive, isolate for at least 5 days or longer if symptoms develop or persist. Return to activities on day 6 or later when fever-free for at least 24 hrs. and other symptoms are significantly improved.</p> <p>Wear a mask at all times when around others for an additional 5 days</p> <p>Current DPH guidance suggest that the clock begins on the day of onset of symptom and the infected individual should not return unless they are fever-free for 24 hours and symptoms have improved significantly,</p> <p><i>If you have symptoms and your health declines or if you are experiencing difficulty breathing, seek medical attention.</i></p>	<p><i>If notified of a close contact with a COVID-19 case:</i></p> <p>NO Quarantine Required</p> <p>Test for COVID-19 (either self test or at a testing site) 5 days after the exposure.</p> <p>Consider quarantining for 5- days from other activities outside of school, especially if notified of an extended high intensity exposure (e.g., household contact, unmasked social contact, contact during athletic activities).</p> <p>Wear a mask at all times during any activities when around others for 10 days.</p>

QUARANTINE, ISOLATION, TESTING, AND RETURN TO ACTIVITIES for *UNVACCINATED Students*

*While CDC Guidance has allowed school districts to discontinue contact tracing, families in Waterbury Public Schools will be notified of COVID-19 and related health news as it develops from both the district and your child's school. If you have further questions, please reach out to your child's school.

Unvaccinated Student

<p>If NOT FULLY Vaccinated</p>	<p><i>If notified of a NON-HOUSEHOLD close contact with or without symptoms of a COVID-19 case:</i></p>	<p><i>If notified of a HOUSEHOLD close contact with or without symptoms of a COVID-19 case:</i></p>	<p><i>If no known close contact and with any symptoms:</i></p>
<p>Defined as: <i>(one dose of a two dose COVID-19 vaccine or within two weeks of final dose)</i></p> <p>or</p> <p>Unvaccinated</p> <p>or</p> <p>Vaccination status is unknown</p>	<p>Isolate at home for a minimum of 5 days since last exposure to the COVID-19 case.</p> <p>Test for COVID-19 (either self-test or at a testing site) 3-5 days after exposure.</p> <p>If COVID-19 test result is negative, return to activities on day 6 or later when fever-free for at least 24 hrs. and other symptoms are significantly improved.</p> <p>If test result is positive, isolate for at least 5 days after symptoms began, return to activities on day 6 or later when fever-free for at least 24 hrs. and other symptoms are significantly improved</p> <p>Wear a mask at all times during any activities when around others for an additional 5 days (i.e., through day 10).</p>	<p>Isolate from other household members to the extent possible, and wear a mask around household members</p> <p><u>Quarantine for 10 days from Household Members Date of Positive</u></p> <p>Wear a mask at all times during any activities when around others for an additional 5 days (i.e., through day 15).</p>	<p>Isolate at home.</p> <p>Test for COVID-19 (either self-test or at a testing site) 3-5 days after exposure.</p> <p>If COVID-19 test result is negative, return to activities when fever-free for at least 24 hrs. and other symptoms are significantly improved.</p> <p>If test result is positive, isolate for at least 5 days after symptoms began, return to activities on day 6 or later when fever-free for at least 24 hrs. and other symptoms are significantly improved</p> <p>Wear a mask at all times during any activities when around others for an additional 5 days (i.e., through day 10).</p>

