

AUGUST / SEPTEMBER - ALL SCHOOLS - BREAKFAST MENU 2022 - WATERBURY PUBLIC SCHOOLS

All of our complete and nutritious meals are always **NO CHARGE** for ALL students with no need to submit an application, thanks to the Community Eligibility Program!!

When available we serve Reduced/Low Fat (RF) and/or Reduced/Low Sodium (Rna) and Reduced Sugar (RS) Menu Items.



All breakfasts include a choice of low fat white milk, fat free chocolate milk, or fat free lactaid.

Locate the Whole Grain Products by the asterisks**



Waterbury Breakfast and Lunch Menus are posted on Parent Square.

Menu is Subject to Change 8 / 30/ 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	August 30th	August 31st	September 1st	September 2nd
<p>This Institution is an Equal Opportunity Provider</p>	<p>**Blueberry Bread</p> <p>100% Fruit Juice Fresh Sansa Apple Low Fat Milk Choice</p>	<p>**Mini French Toast Chocolate Chip Bites</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p> <p><i>Hot!</i></p>	<p>**Apple Jacks Cereal, RS</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers</p>	<p>**Mini Confetti Pancake Bites</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p> <p><i>Hot!</i></p>
	<p>September 5th</p> <p>Happy Labor Day! No School Today</p>	<p>September 6th</p> <p>**Mini Cinnamon Waffle Bites</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p> <p><i>Hot!</i></p>	<p>September 7th</p> <p>Early Dismissal - PD Day</p> <p>**Froot Loops Cereal, RS</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers</p>	<p>September 8th</p> <p>**Pumpkin Bread</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p>
<p>September 12th</p> <p>**Cinnamon Toast Crunch Cereal, RS</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers</p>	<p>September 13th</p> <p>**Banana Muffin</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers</p>	<p>September 14th</p> <p>Early Dismissal</p> <p>**Mini French Toast Chocolate Chip Bites</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p> <p><i>Hot!</i></p>	<p>September 15th</p> <p>**Apple Frudel</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p> <p><i>Hot!</i></p>	<p>September 16th</p> <p>**Mini Blueberry Waffles</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p> <p><i>Hot!</i></p>
<p>September 19th</p> <p>**Cinnamon Frosted Flakes, RS Cereal</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers</p>	<p>September 20th</p> <p>**Mini Confetti Pancake Bites</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p> <p><i>Hot!</i></p>	<p>September 21st</p> <p>Early Dismissal</p> <p>**Banana Bread</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p>	<p>September 22nd</p> <p>**Mini Maple Waffle Bites</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p> <p><i>Hot!</i></p>	<p>September 23rd</p> <p>Surprise Breakfast Day!!</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers</p>
<p>September 26th</p> <p>**Apple Cinnamon Muffin</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers</p>	<p>September 27th</p> <p>**Fruity Cheerios Cereal</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers</p>	<p>September 28th</p> <p>Early Dismissal - PD Day</p> <p>**Blueberry Bread</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p>	<p>September 29th</p> <p>**Mini French Toast Bites</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice</p> <p><i>Hot!</i></p>	<p>September 30th</p> <p>Egg Pattie with Turkey Ham served with Tator Tots / Potato Wedges and a **Dinner Roll</p> <p>100% Fruit Juice Chilled Fruit Choice Low Fat Milk Choice **WG Graham Crackers</p> <p><i>Hot!</i></p>



A school breakfast consists of the breakfast entrée, fruit and / or juice, graham crackers and milk. Students are encouraged to select all of the items but must choose any three - one of which must be 1/2 cup of fruit or fruit juice.



When Chilled Fruit Choice is on the menu a choice of fresh fruit or a variety of canned fruit will be offered.

Visit: www.waterbury.k12.ct.us - click to "Parents" and scroll down to "School Lunch Menus" - The Waterbury Wellness Policy can be viewed on this page.

The City of Waterbury Public Schools Food Service is "pork free". No pork is served or sold through the Child Nutrition Programs in Waterbury.



Second Choice Meals are Offered Five Days Each Week